

6. Sittelna te, Ze-etnate leh Khazih Ading Thuakna

A. Sittel nate leh Ze-etnate

a) Laisiangtho bulphuhte 1Pet. 1:6-7 1Cor. 10:13 Heb. 4:15
James 1:2-15 Heb. 2:18

b) Thupatna

Eite pen bawhlung zawl (Lawn bowl) banga upmawh lohna lamlam a pai guptuam neisa a suak hihang. Laisiangtho genna ah i pianken lui pen hih thu ah mawhpuak nei pen hi (Rom. 7:25). Tua hangmah in Pasion kammal in mantak a hong koih kholhsak sa lampi pan pialkhia denkei hihang. I pianthak ciangin Pasion in hong deihnate i zawh zawh nading suakta tak in sin thei hanga a beisa hun a i sep bangin helzau ding hilo hi.

c) Ze-etnate bangte hiam?

"Abeisa kum 2000 val lai in 'Ze-etna' cih kammal ii khatna kikkel hi. Hun khat lai in 'sinna' leh 'siatna ah zolna' a cihna hi in, a hoih lam leh a hoih lo lam in deihna neituak hi. A hoihlam pen Pasion phalna tawh i nuntaknate sinna ze-etna hi in khalam khantohna ding ngimna tawh hi. A hoih lo lam pen Pasion geelna tawh i nuntaknate sinna ze-etna hi in khalam khantoh na ding ngimna tawh hi. A hoih lo lam pen Pasion gelna tawh a kilehbulh a nuntak nading thu um mite a awk theih nading a Satan zolna ze-etna hi." (Arthur Wallis: *Living God's Way*)

d) Ze-etna bulpите

Pasion in kuamah ze-et ngei lo hi (James 1:13). Ze-etna pen gilopa (Satan). in eite lunggulh na hoih lo te tungah na a sepna pan hong pai hi a, (James 1:14). aih keh midang mawh neite hong zolna pan hi (Pro. 1:10). Ze-etna pen nampi thum pan in hong pai hi. 1. Cile-sa lunggulhna, 2. Mittang lunggulhna. 3. Nuntakna kiphatsakna (1Jn. 2:15-17 AV).

- Thuman loh ding hong hanthawn (Gen. 3:1-7).
- Nu-le-pa mawhna lamah hong hanthawn (Gen. 39:7-10).
- Pasion sang in a nate leh mite i it masak ding hong hanthawn (Mal. 4:4).
- Sum-le-pai it ding hong hanthawn (Jn. 12:6).
- I kiphatsakna ding hong holhthawh (Acts 12:21-23).
- Phunna, ciakna, leh gensiatnate hong hanthawn (1Cor. 10:10; Col. 3:8-9).

Satan in hong susia nuam ahihman in hong ze-et hi. Mawh ding lunggulh in Pasion kiang pan i paikhiat ding hong deih hi. Hih pen eite ading Pasion hoihpenna hong ngah lo sak thei hi. Kisungsiatna tawh kidim i hih manin i vantung Pa mai ah khamuanna nei lo hihang. Eite mawh, tua mawhna pulak lo leh Pasion mawhmaisakna i nget keileh i nuntakna ah tua pen Satan siksian suak thei hi. tua mun santak ah Satan nasem suak in tua munlian bek hi lo, a dang thute ah zong a lianzaw saltanna sungah hong lutpih nading in Satan in hanciam hi. Hih pen i nuntakna sungah Satan in ngakawi a nei bang suak a, ama deih bangbang in hong zang hi.

e) **Sittelnate leh ze-etnate a deihna**

'Ka sanggamte aw, ze-etna a tuamtuam na thuak uh ciangin nuamna takpi in na ngaihsun un. Banghang hiam cihleh upna hong kize-et ciangin sikdona a khangsak zaw hi cih na thei uh hi.

Job 1:12 leh Job 2:6 te ah midik, kawkbanna nei lo mi pa, Job a ze-etnading in ciang tan na ciang khat tawh Pasion in Satan phalna pia tak pi cih muthei hihang. A tawpna ah Pasion huhna tawh Job in tua sittelnate leh ze-etnate gual zo in tua hang in a picing zaw leh a gah pha zaw Pasion nasem suak hi (Job 42: 1-27).

Christiante sittelnate leh ze-etnate a thuak ding Pasion in a phalna ah hihte kihel hi-

1. Tuat bang tawh kibang takpi cih hong lak hi. Hun hoih hong kipia hi leh bang sem ding i hiam cih ze-etnate in hong lak hi.
2. Mailam a i khensatzia dingte hong phuhsak hi. Sittelnate leh ze-etnate pen deihteelna leh bang dinmun aih keh bang gamtatna lian ah om ding cih teelna hi tawntung hi. Ze-etna lam i kuat semsem leh lungsim puak lamsangah ze-etna sung lutkik ding baih semsem hi. Tua in a nuntakna sungah i mawh lohnading i khensatna hong thanemsak hi. Ze-etna i zawh zawh semsem leh kipicing semsem in mailam ah a picing khensatnate hong bawl theisak zaw hi.
3. Tuat pen Pasion in eite in eite hong piaknop na hoihte i ngah theih nading a i nuntakna i kigenkholhna ah hong huh ding in kibgawl hi. Dotna khat pen Pasion hong kamciamna ngah ding in hih theih i neih leh i neih loh thu hi. A kihaalnem lo siik pen a kinetluat leh kitan ding hi. Sittelnate leh ze-etnate pen Pasion sungah i ngah nopte ingah theih nading a kiginkholhna dinga kibawl hi. Ze-etna khat i tuah ciang in tua ze-etna mahmah Pasion sungah lawhcingtak a i phut zawh na lakkhiat ding ahi hi. "I puk nading ciang" dong ze-etna leh sinnate Pasion in ong phal ngei lo hi. Na lampi ah hong tung ding ze-etna khat pen Pasion phalna kicing kisam hi. Ahizong in nang septheih lampang nasep ding hi a, Pasion thumanna ah nungta in, na mawhna dinga hong kize-etna ah nang leh nang na kikoih loh ding ahi hi.
4. Tuat in i thanemnate hong pholak a, koi mun ah Pasion hatna leh hehpihnate kisam cih mukhia thei hihang (2Cor. 32:31; Deut. 8:2).
5. Eite tungah hong tu'n ding Pasion in hi bang hong bawl nading in phal hi.
 - Ong niámkhiat, hong hilh leh hong khal nading (Deut. 8:2-5).
 - Ong siangsak hi (Psa. 66:10).
 - I dinmun bulpi hong sit hi (1Cor. 3:10-15).
 - A kiling theite hemkhia hi (Heb. 12:25-29).
 - Thuakzawhna khangsak a, tua nasep a man ciang in, Picinna ah kipia kicing leh na khat peuh ah kisapna om nawn lo hi (James 1:2-4).
 - I upna hong hatsak hi (1Pet. 1:6-7).
 - A gualzote hong suaksak hi (Rev. 2:3).

f) **Ze-etna bangci phut ding**

1. Zeisu hih banga Pasion kammal zatna tawh (Mtt. 4:1-11).
2. Ki dopkholhna tawh (mitte hong in, galpa ziate kidawm ding). leh thungetna tawh (a tawntung in Pasion tawh kizopna khangsak ding). ze-etna sungah na tum loh nading (Matt. 6:41; Mark 14:38).

3. Phatak pi a khensatna leh a deih banga sepna tawh (2Tim. 2:22; Prov. 4:14-15; 1Pet. 2:11)
4. A khangto upna , hoihna, kikepzawhna, thuakzawhhatna, Pasionmitna, unau migitna leh itnate puahphat tohna tawh (2Pet. 1:5-9).
5. Na nuntakna sungah Satan hunhoih leh hunpha piak lohna tawh (Eph. 4:27)
6. Pasion tung kiapna leh Dawimang pa dalna tawh (James 4:7)
7. Dawimangpa ngimnate langkhat ah na din zawh nading kha galvante na silhna tawh (Eph. 6:10-18)
8. Zeisu etna tawh amah pen eite a bangmah in nakhempeuh ah kize-et hi (Heb. 4:15). Tua hi a, ama hih bang in ze-etna i zawh na ding in Zeisu in hong huh thei hi (Heb. 2:18)

g) Bawlphatkik pahlianna

Ze-etna sung i tun teh i mawh ding baih hi. A taktak in hih pen Christian khempeuh in tuakkha khin hi. Pasion tungah pulak ziau in la, mawhmaisakna ngen lecin, hong maisak ding hi (1John 1:9; pen Christiante ading ngiat a kigelh hi.)

h) Ze-etna gahte (Results)

(i) **I puk leh:** Khensatna maan lo i neih khak leh tua pen mawhna suak hi. Ze-etna in mawhna ah hong tun thei hi. Ahizong in tua lam i tel ciang bek in mawhna suah hi. Ze-etna ah nuam i sak paisuakna in siatna hong tun ding hi. Banghang hiam cihleh i khensatna ah mawhpuakna nei hihang (James 1:15).

(ii) **I nial leh:** Khensatna maan i bawl leh:

- Topa kipahtawi hi.
- Tua nuntakna mun lian ah Christian pa thahat zaw hi.
- Christian pa in Topa a itna leh a thumanna kikipsak hi.
- Christian pa in Pasion kiang pan a ngah theihna kikhan hi.
- Gualzopa suah hi (Gal kidona a kihel lote ading gualzawhna cih in khatna nei lo hi).
- Christian pa upna leh picinna ah khangto hi.
- Christian pa kisusiang in ling lo zaw sak hi.

i) Thukhupna

Christian khempeuh, a tek a khangin mawhna ding a ze-etna cih pen thei tek hi. Hih pen Pasion tapa khat in a tuakhak mun pente lak ah khat hi. A hizong in Pasion in tua ze-etna man zawh nading vangliatna hong pia khin ahihman in Christian khat in a mawh ding kism lo hi.

"No te in mihingte tuah ngei ze-etna longal na tuak kei dinguh hi. Pasion a muanhuai hi, na thuak theihloh ding zah val ze-etna hong tungsak kei ding hi. A hih hang in note hong kize-et ciang in na thuak zawh nading un suahtakna lampi hong bawlsak ding hi." (1Cor. 10:13).

Pasion i mitsuan leh tua ze-etna nanzawh nading leh zawhzawh nading thahat na Pasion in hong pia ahih man in ze-etna tungah i kipiak ding hilo hi. Zeisu nangawn na kize-et hi (Mett 4:1-11). Ze-etna ah kipiak na pen mawh na hi. I lawh sap ciang nangawn in Zeisu sungah mawh mai sak na kingah thei hi. Zeisu in thukhen in mawhpaih leh daan tat

ahihman in Pasion kiangah mawhmaisakna i nget leh Pasion mai ah siangthotak leh maantak a i paisuak theih nading in tua mawhna mangngilh thei hihang (1Jn. 1:9).

"Ahang in, eite zawnghal na hong thuakpih thei lo siam pi lian nei i hi kei hi. A hihang in eite thuak mahbang in ze-etna a pawlpawl a thuak ngei, ahihang in mawhna a na nei lo siam pi lian khat i nei hi." (Heb. 4:15).

Zeisu in eite thuak ze-etna mah na thuak napi a vek pi na nial zo a, khat vei zong na mawh lo hi. Christiante i hih mah bang in i nuntaknate a ma tung ah i piak leh tua bang a gual zoding in hong huh thei hi. I hoih nading in Pasion in hong sin a, i siat nading in Satan in hong ze-et hi (James 1:12-16). Ahizong in, Zeisu nuang zuite i hih mah bang in, sittelnate leh ze-etnate i phukha zong in Pasion in uk hi.

B. Khazih ading thuakna

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| a) Laisiangtho bulphuhnte | Phil. 1:29 | Heb. 2:10 | 1Pet. 2:21 |
| | Col. 1:24 | 1Pet. 4:1, 2, 12-19 | |

b) **Banghang in haksatna thuak i hiam?**

Haksat thuakna pen nuntakna a thumaan hi Khazih pualam mite ading in hih pen thu haksa khat hi a, Khazih sunga mite ading in a kizam khat hi. Haksat thuaknate ahi dan dingin i lak keileh nungzui hihna kucing om thei lo hi. Mun khempeuh ah hih in hong tuamcip a, nisim Pasion tawh tonkhopna ah tuakkha hihang.

Haksat thuakna pen thu um lo khat ading leh thu um khat ading kibang lo hi. Khazih itna a tuak khalo mipa ading in, hih leitung a thuaknate khempeuh pen Pasion a muh nading pan a khak tan pen na khut suak hi. Midangte thuak siat nate ah i lainat ding a kisp mah bang in, mihing khat ii mawh puakna lian kihtak huai pen ah amah leh amah a kibual na i phawk khak ding kizam hi. Mihing pen mawh puakna nei Pasion tangmi in hong kibawl hi a, piansaknate khempeuh uk ding in hong kipia hi. Mihing in a mawhpuakna a zawh lohna pen i kim i pam a i muh kisiatna leh buainate sungah hong kilang hi. A hoih a kucing na khat pen mawhna in siasak in susia a, melhem sak in langpan hi. Mawhna pen tuni a i lei tung haksat thuakna khempeuhte zungpi ah om hi. Banghang hiam cihleh, hih leitung pen Pasion in a bawl lai-a bangin kilemna kilekkimna leh hoihnate a kilangkhasak thei nawn lo leitung hi ta hi. Leitung pen Satan ukna nuai ah om ta hi. Mihing in piansaknate kepcing ding a zawh loh a kipan i Satan pen hih hun a pasian' suak hi (2Cor. 4:4). Mihing mawhna in Pasion bawlsa ngiat a hoihnate lak sak ding leh suksiatinga a ngakngak Satan ading huh hoih pia hi.

Pasion pen haksat thuaknate phamawh a salo cih bang om lo hi. Eite tang ding in mawhnei lo a Tapa singlam teh tungah a sih teh tua thuakna pen Pasion mamah in a lungtang ah la hi (Isa. 53:4). Singlamteh pen Satan leh mawhna vangliatna lumletna hi. Tu in Khazih pen Kumpipa hi a, Zeisu nungzuite i hihna tawh eite zong tua na khempeuh a ki-ukna kumpi gam ah kihel kha hihang.

c) **Haksat thuakna thuman thutak**

Thuciamthak in hih haksat thuakna pen tangzang gen ngei lo hi. Hih pen nuntakna thuman in sang hi. Christian pa in singlamteh lampi zui in pai a, tua pen a thu a genna bek hilo in tuah khak taktakna hi (Phil. 1:29; 1Pet. 2:21). Khazih ading thuakna pen amau

nungzui hihna a thupi ngaihsut mite ading in nuntakna a thuman in sanguh hi (Heb. 11:35-38)

1Pet. 4:12-19 ah i thuaknate sunga lungdam dingin tha hong pia hi. Banghang hiam cihleh tuate tungtawn in Khazih ading thuakna ah kihelkha thei hang a, (v.13). Pasion deih bang a a thuakte in a thuman a Bawlpa tungah kipiak ding leh na hoih sep paisuak ding hong hanthawn hi. "Christian khat hihna tawh na thuak uh leh maizum lo in, tua min na puakna uh hang in Pasion na phat zaw un (v. 16). Tua hi a, Pasion deih bang a thuakna om hi cih kitel hi. Tua mah bangin hun pawl khatte ah, Pasion deihna bang hilo a i thuak hun zong om hi cih kilang hi (1Cor.11:27-32). I nuntakna sungah thuhilhna, khalna a kisap leh Pasion in cinatna leh haksat thuaknate hong tungsak ding hi cih ei le ei kiphawkna hong tun hi. Cinatna khempeuh pen khalna leh mawhna hang hi cihna hilo a, ahizong in Pasion in ama ading a hoihpen leh eite nuntakna ah a hoihpen a hong bawl nading in i thutangpekna hong phiatsak nading in i vantung Pa ii thuneihna hong theisak thei hi (Heb. 12:5-6).

d) Christian haksat thuakna ding a omzia leh a hangte

i. Topa nasepna ah a man leh a haksatna

Pasion in ama deihna tangtun sak nading in i kisap khempeuh hong piak ding hong kamciam hi. Ahizong in hih nasep a tangzai nading in man piak ding kisam hi.

ii. A kilangtang bawlsiatna leh Lehpanna (2Cor. 11:16-33; 2Cor. 12:9-10)

iii. I upna hong sin na

(1Pet. 1:6-7). Tamveipi tak a haksa penpennate pen Pasion i phawk theihna hong suak thei sak hi. A lianpen haksat thuakna pan hong kikhuh khiat teh i upna hong thahat sakna pen leh kilam tohna pen suah hi.

iv. Nasepna ah i kicin nading

Zeisu pen mihingte honpa ahihna ding kicingtak a kipuahna dingin haksa na a thuak ahi hi. Mihingte thuakna sungah lut in, Mihing lungsim thei in, a dahnate puakpih hi. Gupkhatna piangsak pa bangin a kicing in kibawl hi (Heb. 2:10). Khazih thahatna tungah kinga in ci-le-sa nate tung a kingakna pan paikhatna tawh gamtatna leh kha lam gualzawhna ciang dong tun theih nading lampi in Pasion in haksat thuakna zang hi. Midangte tungah i nasep khiatnate ading in ete hong kicingsak hi (1Pet. 4:1-2)

v. Midangte tungah thuk tak a nasep theihnading.

Haksat thuakna khat bek pen lawhcinna hilo in, tua thuakna pen Pasion huhna leh hehnepna ngahna tawh kithuahkhawm hi. Tua haksat thuakna in a tunsaknate a thukna leh a mantakpi na midangte in a ngaihsut khak ciangin Pasion piak hehnepna lian zong ngah uh hi (2Cor. 1:4-5)

e) Khazih Tuaksiatnate

"Tu in note ading in ka thuaksa ah ka lungnuam a, Khazih thuaknate tawh kisai a saptuam ahi ama pumpi hanga a sam lai thuaknate ka ci-le-sa in ka hu dim hi." (Col. 1:24).

Hih in cihnop nih nei hi:-

(i) Hun khempeuh ah Christian khat in bawlsiat na thuak a, tua pen Khazih in bawlsiat

na a thuak bangdan ahi hi.

- (ii) Midangte ading a ama itna sinna tawh a nuntak theih nading un Pasion in ama nasemte nuntakna ah mihing banga hong suah ding Pasion itna ktsam hi.

Mite in i nasepna gah hong muh ding bek uh kisam hilo in, tua hang a thupianga a khentel theih dinguh kisam hi. Tua pen hih thuakna ahi hi. Tua in kisaktheihna pen eite hong kham a, gah phatna khatpeuh a pian ma in mikhat nuntakna sunga Pasion in thuktak-a na a sepna a muh ding uh kisam hi (1Pet. 5:10). Thuaknate tungah i thukkikna in Pasion i itna leh Pasion sunga picinna midangte tungah lakkhia hi.

f) Dotnate leh kikupkhopnate

1. Christian khat in bangmah sep kul lo in mawhna pan khawl in, thumaantak a nuntak ding kipan thei dingin na ngaihsun hiam? (Col. 3:5-14; Phil 2:12-13; I Jn.1:8, 10).
2. Pasion in eite hong ze-et ngei hiam? (James 1:13-15).
3. Haksatna leh ze-etna thuak dingin Pasion in hong phal teh tua pen deih lo i hihman in leh Pasion sungah i picinna ding hong khangto losak ahihman in Pasion tungah hong hepkhatsak nading i ngen hiam? Aih keileh, tua ze-etnate zo in i khangto hiam? Kamkum dih in.
4. Na nuntakna sungah Satan in siksan a lakna mun khatpeuh om in, tua mawhna ding a ze-etna pen na man zawhloh khatpeuh a om hiam? Tua tawh kisai bang cih ding?
5. Khat vei ze-etna sungah na kipiak ngei khit leh, a dang ze-etna hong pai teh na kipiak ding a baih zaw hiam? Banghang hiam?
6. Bang hangin Pasion in haksat thuak ding hong phal in, bangci bangin tuate in ama na i sepna hong kicingsak hiam?
7. Pasion pen a vanglian bel itna Pasion ahih leh, banghang in eite in leitungah natna haksat thuakna leh thuman lohna tampite nei i hiam?
8. Khazih thuaksiatna tawh kisai in i kisaplai na koici bangin i ci-le-sa sungah dimsak ding i hi hiam? (Col. 1:24)

g) Tom lakna leh zatpahna

1. 'Ze-etna' cih pen 'sinna' leh 'siatna ding a zolna' zong hi tuaktuak hi.
2. Pasion in kuamah ze-et ngei lo a, ahizong in Khazih sunga picinna ah i khantoh theihnading in haksatna leh ze-etna pawl khat thuak ding in hong phal hi.
3. Pasion kiang pan hong heikhiat nading leh a tawptawp teh hong suksiat nading in Satan in lampi tampite tawh hong ze-et hi.
4. Pasion in i kantan zawh ding lam thei ahihman in gamgi ciangtan ciang khat sungah ze-etnate hong tun ding hong phal hi.
5. 'Satan pen hih khang hun pasian' a suahsak theih nading in mawhna pen tu hun leitung a haksat thuakna khempuhte zung hi in, Satan in Pasion bawlsa a kicing leitung siasak in susia khin hi.
6. Khazih hanga haksat thuakna pen i nung zui hihna ah thuak zawhna khantoh nading leh i nasepna ah i kicin nading in a kisam khat hi.
7. Khazih hanga haksat thuakna in midangte muhtheih dingin eite tungah ciaptehna khat koih a, tua in Pasion tunga i kipiakna a thukna leh eite tunga Pasion hong kipiakna leh hong itna hong lak hi.